

# MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Meal Choice</b>	Seasoned Chicken Breast Fillet served in a Bun	Homemade Shortcrust Pastry Topped Lamb & Vegetable Pie	Fresh Italian Style Oven Baked Chicken Lasagne	Spicy Chicken Jalfrezi served with Wholegrain Rice	Deep Fried Fish served with Lemon and Tartare Sauce
<b>Meal Choice</b>	Lamb Hot Pot served with Red Cabbage	Oriental Style Sweet & Sour Chicken with Noodles	Traditional Roast Beef served with Yorkshire Pudding	Rich Lamb Bolognese Sauce served with Penne Pasta	A Selection of Fresh and Tasty Hot Filled Wraps
<b>Vegetarian Choice</b>	Oven Baked Spicy Vegetarian Quesadillas	Mexican Vegetable Chilli Con Carne with Wholegrain Rice	Chinese Style Quorn & Crispy Vegetable Stir Fry	Savoury Cheese & Sweet Red Pepper Flan	
	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes	Filled Jacket Potatoes
<b>Vegetables &amp; Potatoes</b>	Jacket Wedges Green Beans Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Garden Peas Cauliflower Florets Baked Beans Mixed Garden Salad	Roast Potatoes Diced Carrot & Swede Savoy Cabbage Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Mixed Vegetables Fresh Broccoli Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad

**Available Daily:** Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads, Hot & Cold Desserts, Home Bakes, Fresh Fruit Salad, Drinks